




WC Division of
Aging & Disability
Services
1-877-222-3737
908-475-6591

NOVEMBER

Warren County Community Senior Center 2024 Phillipsburg Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
					1
					<p>CHRONIC PAIN</p>  <p>BINGO</p>
	4	5	6	7	8
	<p>11am TAI CHI</p>	<p>Holiday-Closed</p>  <p>BINGO</p>	<p>YOGA WITH LIZ 11:15 AM</p>	<p>ZUMBA WITH SANDY 11 AM</p>	<p>CHRONIC PAIN</p>  <p>BINGO</p>
	11	12	13	14	15
	<p>Holiday-Closed</p>	<p>BINGO</p>	<p>YOGA WITH LIZ 11:15 AM</p>	<p>RUTGERS NUTRITION</p>	<p>BINGO</p>
	18	19	20	21	22
	<p>11am TAI CHI COZY EVENT CANCELLED</p> <p>ADRC Aging & Disability Resource Connection Your Doorway to Information & Assistance</p> <p>Senior Services Presentation with Regina 11-12 noon</p>	<p>BINGO</p>	<p>November Gift Card raffle YOGA WITH LIZ 11:15 AM</p>	<p>ZUMBA WITH SANDY 11 AM</p>	<p>ADRC Aging & Disability Resource Connection Your Doorway to Information & Assistance</p> <p>Senior Services follow up with Regina 11-12 noon</p> <p>BINGO</p>
	25	26	27	28	29
	<p>11am TAI CHI</p>	<p>BINGO</p>	<p>YOGA WITH LIZ 11:15 AM</p>	<p>Holiday-Closed</p> 	<p>Holiday-Closed</p>

New & Notices
**Phillipsburg Senior
Center**
310 Firth Street
Phillipsburg, NJ
908-859-2423



**Virtual
Exercise is
available via
zoom call
908-475-6591
for more info.**